

COMING SATURDAY, AUGUST 29, 2020 TO THE ALTAMONT FAIRGROUNDS



REINVENTED IN COMPLIANCE WITH CDC AND NYS GUIDELINES AND REQUIREMENTS

A MASK MUST BE WITH YOU AT ALL TIMES, AND MUST BE COVERING YOUR MOUTH AND NOSE AT PACKET PICK-UP, THE RESTROOM, THE START, WATER REFILL, GETTING YOUR MEAL, TO RECEIVE YOUR MEDAL & WHEN UNABLE TO SOCIALLY DISTANCE, INCLUDING ON THE COURSE

| | 2019 | 2020 |
|-------------------------|--|---|
| Packet Pick-up | Indoors, items retrieved on your arrival | Outdoors, pre-stuffed envelope, experienced like a "Curb-side pick-up" |
| Course | Point-to-Point, predominantly on the narrow Helderberg-Hudson Rail Trail | Loop, predominantly on the roads of rural Guilderland |
| Venue(s) | Wallace Park and Jennings Landing | The expansive Altamont Fairgrounds |
| Venue Access | Bused from finish line to start | Park your vehicle next to your staging area |
| Pre-race Staging | Unregulated, then placed in densely packed corral | Sectioned off areas (20' social distancing), with 40 per area, grouped by similar zip code |
| Gear Check | Event staff handled/transported your items | No gear check - leave items in your vehicle |
| Start | Entire race started in 4.5 minutes | Staggered with 40 runners every 5 minutes |
| Water Stops | Cups, handed between volunteers and participants | Cupless, must carry your own bottle; touchless refill stations along route |
| Post-Race | Refreshments served on open plates, tightly packed areas to congregate | Boxed lunches, full utilization of space with social distancing built-in ("Outdoor dining") |

THE STAGGERED START WILL REDUCE COURSE DENSITY IN EXCESS OF 6,000%

FULL DETAILS AT HELDERBERGTOHUDSONHALF.COM